

# JULY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Sixth Sunday after Pentecost	1	2	3	4  Independence Day	5 First Friday	6 First Saturday
7 Seventh Sunday after Pentecost	8	9	10	11	12 Abortion Vigil noon	13
14 Eighth Sunday after Pentecost	15	16	17	18	19	20
21 Ninth Sunday after Pentecost	22	23	24	25	26 Adoration begins 7 p.m.	27 Adoration ends 7:45 a.m.
28 Tenth Sunday after Pentecost	29	30	31	1	2	3

**Church Location:**

626 Aspen Dr.  
Security, Colo. 80911  
(719) 382-0121

**Mailing Address:**

P.O. Box 5211  
Colorado Springs,  
Colo. 80931-5211

**Sacramental Emergency:**  
**(719) 464-6129**

**Parish Registration, Records,  
Inquiries:**

cosfssp@gmail.com

**www.COSFSSP.org**

**VOLUNTEERS**

**St. Benedict Altar Guild**

Fr. Dennis Gordon: (719) 382-0121  
Nathan Wike: cosfssp.altarguild@gmail.com

**Choir**

Kelsey Villalobos: (719) 651-9800

**Ushers**

Kris McCowen: (719) 352-1519

**Pro-Life Events**

Michael Smiley (719) 502-9149

Michelle Smiley (719) 447-7236

**Home-Schoolers' First Friday**

Gracey Wike:  
cosfssp.homeschoolgroup@gmail.com

**Young Roses of Mary Girls' Group**

Amy Seltzer: caseltzer@gmail.com

**Take-Them-a-Meal/Sunday Brunch**

Marcella Guilez dmjmfamilyleve@aol.com

**Housekeeping**

Jennifer Villalobos: (719) 651-8135

**Bulletin**

Jill Demian: (719) 579-9439

**Please pray for:**

**The Repose of the Souls of:**

+ Frances Kwitek  
+ Rick Peters

**Parishioners who serve our nation:**

Master Sgt. Chris Biery, U.S. Air Force  
1st Lt. Jack Deeney, U.S. Army  
Spec. 2 Victor Follis, U.S. Space Force  
Seaman Paula Gennitti, U.S. Navy  
1st Lt. Adam Giammattei, U.S. Army  
Sgt. Major Chad Keirns, U.S. Army

1st Lt. Jeffrey LaCoste, U.S. Space Force  
Airman 1st Class S. LaSeur, U.S. Air Force  
1st Lt. Mary McCowen, U.S. Army  
Rear Adm. Sean Regan, U.S. Coast Guard  
2nd. Lt. Andrew Rodgers, U.S. Army  
Staff Sgt. Marc Snyder, U.S. Marine Corps  
Pvt. Michael Thomo, U.S. Army  
Sgt. Daniel Walsh, U.S. Army  
Sr. Airman Thomas Walsh, U.S. Air Force  
Maj. Nathan Wike, U.S. Army  
Master Sgt. A. Youngblood, U.S. Army  
Sgt. 1st Class Cinthya Zuniga, U.S. Army

## IMMACULATE CONCEPTION CATHOLIC CHURCH

Priestly Fraternity of St. Peter ~ Tridentine Mass

JUNE 30 2024

SIXTH SUNDAY  
AFTER  
PENTECOST



**Sunday Schedule:**

Low Mass: 7 a.m.  
9 a.m.  
Sung Mass: 11 a.m.

**Confessions:**

One-half hour before Mass  
Saturdays 4 p.m.

**Daily Mass Schedule:**

Monday, Tuesday,  
Wednesday: 8 a.m.  
Thursday: 6 p.m.  
Friday, Saturday: 8 a.m.  
**Holy Hour:**  
Thursday: 7 p.m.



*"O Mary, through thine  
Immaculate Conception  
make my body pure and my soul holy."*

PASTOR:

FR. JAMES GORDON, F.S.S.P.

ASSISTANT PASTOR:

FR. DENNIS GORDON, F.S.S.P.

# THE PRACTICE OF HUMILITY

From: *The Way of Salvation*, by St. Alphonsus de Liguori

No one can please God without being humble, for He cannot bear the proud. He has promised to hear those who pray to Him; but if a proud man prays to Him, the Lord hears him not; to the humble, on the contrary, He dispenses his graces, “God resists the proud, but gives grace to the humble” (*James 4:6*). Humility is of two kinds: humility of *affection*, and humility of the *will*. The former consists in the conviction we have of our own wretchedness, so that we can neither know nor do anything but what is evil. All that we have and do that is good comes from God. Let us come now to the practice of humility. With regard, then, to the humility of the affections:

First: We must put no confidence in our own strength, nor in our own resolutions; but we must be always diffident and fearful of ourselves, “Work out your salvation with fear and trembling” (*Philippians 2:12*). St. Philip Neri said, “He who fears not is sure to fall.”

Secondly: We must not glory in things that belong to us, as in our natural abilities, in our actions, in our birth, in our relatives, and the like. It is therefore well never to speak of our actions, except to point out where we have been wrong. And it is better not to speak of ourselves at all, either for good or bad; because even when we blame ourselves, it is often an occasion of vainglory, by making us think that we shall be praised, or at least be considered humble, and

thus humility becomes pride.

Thirdly: Let us not be angry with ourselves after we have committed a fault. That would not be humility, but pride; and it is even a device of the devil to take away all our confidence, and make us leave off following a good life. When we see that we have fallen, we should say with St. Catherine of Genoa, “Lord, these are the fruits of my own garden.” Then let us humble ourselves, and rise up immediately from the fault we have committed by an act of love and contrition, resolving not to fall into the same fault again, and trusting in the help of God. And if we unhappily do fall again, we must always do the same.

Fourthly: When we see others fall, we are not to wonder; rather let us compassionate them; and let us thank God, praying Him to keep His hand over us; otherwise the Lord will punish us by permitting us to fall into the same sins, and perhaps worse.

Fifthly: We must always consider ourselves as the greatest sinners in the world; even when we know that others have sinned more than we; because our sins having been committed after we had received so many favors, and had been enlightened by so many graces, will be more displeasing to God than the faults of others, though they may be more numerous. St. Teresa writes that we must not think we have made any progress in the way of perfection if we do not esteem ourselves worse than

## Upcoming Parish Events

### July 4 ~ *Mass Time Changed to Morning*

On account of the July 4 holiday, Thursday Mass will be at 8 a.m., and there will be no Holy Hour.

### July 7 ~ *No Sung Mass throughout July*

Immaculate Conception Choir will be on summer break until August, with Sung Masses resuming in August. Mass times remain the same.

every one else, and desire to be considered the last of all.

The humility of the *will* consists in being pleased when we are despised by others. Any one who has deserved hell, deserves to be trodden under foot by the devils forever. Jesus Christ desires that we should learn of Him to be meek and humble of heart, “Learn from Me, because I am meek and humble of heart” (*Matthew 11:29*). Many are humble in word, but not in heart. They say, “I am worse than all; I deserve a thousand hells.” But when anyone reproves them, or says a word that displeases them, they immediately resent it. They are like hedgehogs, which put out their bristles as soon as they are touched. But how is it — you say you are worse than all, and yet you cannot bear a word? “He who is truly humble,” says St. Bernard, “esteems himself good for nothing, and desires to be considered good for nothing by others as well.”

In the first place, then, if your wish to be truly humble, when you receive an admonition, receive it in good part, and thank the person who admonishes you. St. Chrysostom says, “When the just man is corrected, he is sorry for the error he has committed; but the proud man is sorry that the error should be known.” The saints, when they

are accused, even wrongfully, do not justify themselves, except when to defend themselves is necessary to avoid giving scandal; otherwise they are silent, and offer all to God.

In the second place, when you receive any affront, suffer it patiently, and increase in love towards the person who has ill-treated you. This is the touchstone by which you may know whether a person is humble and holy. If he resents an injury, even though he may work miracles, you may say that he is an empty reed. Fr. Balthazar Alvarez said that the time of humiliation is the time to gain treasures of merits. You will gain more by peaceably suffering contempt, than you could do by fasting 10 days on bread and water. Humiliations which we inflict on ourselves are good; but those which we accept from the hands of others are worth much more, because in these last there is less of self and more of God; therefore, when we know how to bear them the merit is greater. But what can a Christian pretend to do if he cannot bear to be despised for the sake of God? How much contempt did not Jesus Christ suffer for us! Buffetings, derisions, scourging, and spitting in His face! Ah! If we loved Jesus Christ, not only would we not show resentment for inju-

## MASS INTENTIONS FOR THIS WEEK

### Monday July 1 ~ *Most Precious Blood of Our Lord*

*Jesus Christ*

8 a.m. — Leo & Mary Schmitz, by Tony & Lisa Schmitz

### Tuesday, July 2 ~ *Visitation of the Blessed Virgin Mary*

8 a.m. — F.S.S.P. Chapter Meeting

### Wednesday, July 3 ~ *St. Irenæus*

8 a.m. — Eric Broestl, by Lee & Marty Broestl

### Thursday, July 4 ~ *Feria*

8 a.m. — Our Nation, by Anonymous

### Friday, July 5 ~ *St. Anthony Mary Zaccaria*

8 a.m. — Reparation to the Sacred Heart of Jesus, by C.G.  
6 p.m. — Reparation to the Sacred Heart of Jesus

### Saturday, July 6 ~ *Saturday of Our Lady*

8 a.m. — + James P. Gordon, Jr.  
11:30 a.m. — Private Intention

### Sunday, July 7 ~ *Seventh Sunday after Pentecost*

7 a.m. — Reparation to the Immaculate Heart of Mary  
9 a.m. — *Private Intention*  
11 a.m. — *Pro Populo*

*Fr. James Gordon and Fr. Dennis Gordon may accept Mass intentions. Checks for Mass intentions must be made payable to the priests, not to the parish. Limit one Mass intention per family per month.*

ries, but we should rejoice at seeing ourselves despised as Jesus Christ was despised.

“If anyone wished to come after Me, let him deny himself, and take up his cross, and follow Me” (*Matthew 16:24*). This is all that anyone who wished to be a follower of Jesus Christ has to do. Do we wish to be saved? We must then conquer all to make sure of all. How miserable is the soul that

allows itself to be guided by self-love! Mortification is of two kinds — *internal* and *external*: by interior mortification we have to study to conquer our passions, and especially our most predominant one. A person who does not overcome his predominant passion is in great danger of being lost; whereas he who has overcome that will easily conquer all the others.

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